

Justine Lemos, PhD

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EMPLOYMENT & EXPERIENCE

AT ONE YOGA & MENDO-VEDA , OWNER AND DIRECTOR – 2009-PRESENT

Live and online programs in Classical Indian Dance, Wellness, Ayurveda, yoga, Vedic astrology.

THE BLISS, OWNER AND DIRECTOR 2020- PRESENT

An online community for Yoga, Classical Indian Dance, Vedic Astrology and Ayurveda.

PRESIDENT OF NON PROFIT BOARD OF DIRECTORS AT MONTESSORI DEL MAR COMMUNITY SCHOOL 2020-2021

Organized and directed non-profit board meetings. Organized and administered fundraising and publicity.

GAIA ONLINE CONTENT CREATOR 2017

Thrive: Self Healing with Ayurveda. Created and facilitated a 12 part documentary and educational series on Ayurveda with Gaia TV under collaboration with Ashleigh “Uma” Sergeant and Kishan Shah.

NEW WORLD AYURVEDA- ADJUNCT FACULTY 2017 & 2018

WESTERN YOGA COLLEGE- ADMINISTRATIVE FACULTY 2011-2020

Taught and administered 200 and 300 hour Hatha Yoga Teacher Training programs with Director Scott Miller online and in person.

MIRA COSTA COLLEGE 2008-2010

Taught, created and implemented courses on World Dance Cultures online and in person.

LECTURER, DEPARTMENT OF GLOBAL STUDIES, UC RIVERSIDE, CA 2009-2010

Taught Introduction to Global Studies.

ASSOCIATE FACULTY SADDLEBACK COLLEGE, MISSION VIEJO, CA, 2010

Taught Introduction to Cultural Anthropology

PROFESSIONAL ODISSI DANCER AND DANCE TEACHER, NATARAJ DANCE COMPANY, 1996-PRESENT

Danced in numerous international productions as a guest artist. Acted as assistant choreographer, dance instructor and consultant for major productions under the direction of Guru Ranjanaa Devi.

DISSERTATION FELLOW, AMERICAN ASSOCIATION OF UNIVERSITY WOMEN, 2008-2009

RESEARCH FELLOW, AMERICAN INSTITUTE FOR INDIAN STUDIES, ERNAKULAM, KERALA, INDIA, 2007-2008

ADJUNCT PROFESSOR, MT. SAN JACINTO COMMUNITY COLLEGE, MENIFEE, CA, 2006-2007

Taught Introduction to Cultural Anthropology

ASSISTANT TO THE DIRECTOR, ASIAN ARTS AND CULTURES PROGRAM, FINE ARTS CENTER, UNIVERSITY OF MASSACHUSETTS, AMHERST, MA, 1999-2000

Marketing and publicity, grant writing and development for a world-renowned arts program at University of Massachusetts, Amherst.

EDUCATION

ACADEMIC DEGREES

- Ph.D. Cultural Anthropology, UC Riverside, 2009
- (focus on embodiment in South Asia)
- M.A. (with distinction) Anthropology, UC Riverside, 2005
- M.A. (with honor) Dance Studies, Mills College, Oakland, CA, 2003
- B.A. Interdisciplinary Studies, Hampshire College, Amherst, MA, 1999

CERTIFICATES

- Jyotish Certificate Level 1 & 2, Vedic Astrology Institute, 2016 & 2017
- Ayurvedic Practitioner, New World Ayurveda, 2011
- Experience 500 Registered Yoga Teacher, Yoga Alliance, 2011
- 300-hour Certificate in Hatha Yoga Teaching and Practice, Western Yoga College, 2011
- 200-hour Certificate in Yoga Teaching and Practice, KRI, 2007
- Certificate in Malayalam Language, Institute for Indian Studies, Trivandrum, India, 2005
- Certificate in Mohiniyattam Dance, Kerala Kalamandalam, India 2004

SELECTED PUBLICATIONS & PRESENTATIONS

- Lemos, Justine. Tradition and Transformation in Mohiniyattam Dance: An Ethnographic History. Lexington Books Press. In Peer Review. Forthcoming, 2021.
- Lemos, Justine. "The Lasya Complex: A Semeiotic Analysis." In A Mohiniyattam Reader. Forthcoming 2021.
- Lemos, Justine and Mark Wright. "Embodied Signs: Gesture, Posture, and Movement in Maya Dance." Journal of Mesoamerican Studies. 2017.
- Lemos, Justine. "Unraveling Mohiniyattam's 'Outlaw'." In Liberal Arts Lore. Lexington Books. 2015.
- Lemos, Justine. Radical recreation; Non-Iconic Movements of Tradition in Keralite Classical Dance. Semiotic Inquiry. Special Issue: Semiotics in Anthropology Today. 2015.
- Lemos, Justine. "Rituals and Stories in Dance: Embodying a Living Tradition In India." Invited presentation at Asian Arts and Culture Program, Spirit and Soul Dialogues. February 2013
- Lemos, Justine. "(Re)creation of an "Abominable" Institution: The Genesis of 20th Century Mohiniyattam Dance" invited lecture at Hampshire College February 2013.
- Lemos, Justine. "Inquiries into the Theory and Method of "Embodied Bracketing." Paper presented at the Congress on Research in Dance and Society for Ethnomusicology "Moving Music/ Sounding Dance," Joint Conference, 2011.
- Guest Lecture: "Bayaderes and Devadasis: Indian Dancers on the 19th Century Stage." Five College Dance Department and Asian Arts and Culture Program Amherst, MA, 2007.
- Lemos, Justine. Lessons in "God's Own Country": Living, Dancing and Learning in Kerala" IN Beyond Boundaries: Reflections of Indian and U.S. Scholars. Zeeshan-ul-hassan Usmani (Editor), Nibir K Ghosh (Editor). USEFI: 2007.
- Lemos, Justine. "Mohiniyattam: The Epitome of Lasya." MOMM: Monthly Dance Magazine, Vol. 135, February 2006. ChangMu Arts Center, Seoul, Korea.
- Guest Lecture. "Classical Indian Music and Dance." University of California, Riverside, 2006.

Guest Lecture. "Contextualizing the Anthropology of Asian Performance." Hampshire College, Massachusetts, 2006.

Guest Performance and Lecture: Benefit for Children in South Asia. Colorado College, Colorado, 2006.

Guest Lecture. "Bhaki and Kala: Classical Indian Dance." Hampshire College, 2005.

Guest Performance. "Mohiniyattam: Kalamandalam Style." Benefit for South Asian Children's Fund. Colorado College, 2004.

Lemos, Justine. "Fusion and Confusion" Inside Arts, Washington, DC, 2003.

Lemos, Justine. "A Lesson in Religious Diversity from God's Own Country." Asian Voices from Afar an On-Line Publication from the University of Massachusetts, Amherst 2003.

DANCE TRAINING:

Classical Indian Dance and Theatre Techniques: 20 + years of intensive training with Prof. Ranjanaa Devi, Artistic Director of Nataraj Dance Co.

Mohiniyattam Dance training at Kerala Kalamandalam, 2003-04 and at Nriytha Shetra, 2007-2008

Ballet: 14 years of Classical Ballet training

Modern: 6 years of Modern Training in several styles including Graham and Taylor techniques.

Laban Movement Analysis and Notation training at Mills College and UC Riverside.

Other dance forms studied:

Chauu Dance Intensive with Bhomi Keshwarsingh in New Delhi. Balinese Legong Dance Intensive at Foundation for Pure Art in Ubud, Bali. Middle Eastern Dance. Yoga ongoing studies with master teachers. Contact Improvisation. Caribbean Dance with Prof. Yvonne Daniel. Brazilian Dance. Javanese Dance. Butoh. Tai Chi. Afro-Haitian Dunham Technique. Flamenco Technique. Qui Gong Training. Salsa Dance Technique. Swing Dance Technique. Samba Dance Technique.

FELLOWSHIPS AND GRANTS

Name: Transforming Lasya

Funding Agency: American Association of University Women

Role: Dissertation Fellow

Dates: 2008-2009

Name: Women's Dance in Kerala: An Exploration of Lasya

Funding Agency: American Institute for Indian Studies Dissertation Research Fellowship

Role Principle Investigator

Dates: 2007-2008

Name: Yatra: Journey Through Indian Dance and Music

Funding Agency: Gluck Foundation for the Arts

Role: Performer, Lecturer

Dates: 2005-2006, 2006-2007, and 2008-2009

Name: Malayalam Studies

Funding Agency: American Institute for Indian Studies Summer Research

Role: Fellow

Dates: Summer 2005

Name: Dean's Fellowship

Funding Agency: University of California, Riverside

Role: Graduate Student

Dates: 2003-2004, 2007-2008

Name: Study of Mohiniyattam Dance

Funding Agency: Fulbright Research Fellowship

Role: Research Fellow

Dates: 2003-2004

SELECTED PERFORMANCES

Various performances with Nataraj Dancers 2018-2019

Puja, Mendocino, CA 2018

Flowers at the Altar, Amherst, MA 2017.

Devotion. Mt Holyoke College, MA 2016.

Divali. Mendocino, CA 2015, 2017 & 2018

Basant, University of Massachusetts, Amherst 2012

Anjali Mendocino, CA 2012

Mudra: The Gesture Speaks, University of Massachusetts, 2007

Festival of Lights, venues in New Hampshire, Massachusetts. 2005-2009

Nataraj Dancers Performance, Colorado College 2006

A Benefit for South Asian Children, Colorado College with Namrita Singh 2005

Yatra. Presented by the Mendocino Art Center, Mendocino, CA. 2004
Performances in Kerala, India. 2003-2004; 2007-2008
Featured soloist at United State Education Foundation Day, New Delhi, India 2004
Anjali, Hosei University, Tokyo, Japan 2002
Footprints in the Dust, Nataraj Dance Co., Northampton Center for the Arts, MA 2002
Alankara: The Art of Adornment in Classical Dance. Mills College, CA. 2002
Batu Nritrya. Sanskriti Kala Kendra, New Delhi, India 2001
Darshan, Mills College, CA 2001
Hampshire College Alumni Concert, Amherst, MA. 2000
In Praise of Tara. University of Massachusetts, Amherst, MA. 1999, 2001
The Spider and the Buddha, Guest Artist with Sha Sha Higby, Amherst, MA 1999
Meeting at the Dream. Hampshire College, Amherst, MA 1999

REFERENCES

Sally Ness, Professor of Anthropology, UC Riverside
sally@ucr.edu
951 288-1149

Professor Ranjanaa Devi, Asian Arts and Culture Program Director Emeritus
devi.performingarts@gmail.com
1-413-348-8922

Patrick Alcedo, Professor Dance, York University
patrickalcedo@gmail.com